Welcome back to the final school term of this year. I hope that all of our school families had a chance to rest, relax and reconnect with each other over the vacation period. It is now full steam ahead until 11th December, the official end of the school year.

It seems incredible that our whole school camp has been and gone. It was a fantastic experience for all of our students with exemplary behaviour throughout the three days. I’d like to thank our school staff for their excellent supervision of our students during the entire camp experience, ensuring that all of our students were not only safe, but happy and safely challenging themselves to try new things. Big thanks especially to Mrs Boura and Miss Paula for sleeping over at camp and being prepared to handle anything that could occur. Planning is now underway for the next whole school camp for next year.

Enrolments for 2016 are being taken now! If you are aware of anyone in our community who might be looking for a school for next year, please encourage them to come and check us out. Enrolment packs are available from the office and we’d love to have the opportunity to show what learning at Springbrook State School is all about. Enrolments for 2016 Prep students are now be taken for eligible children (born between 1st July 2010 and 30th June 2011). Just as important, if you are aware that you will be leaving the Springbrook SS family at the end of the year please ensure that you notify us through the office as soon as possible so that staffing and organisation for 2016 can be planned as accurately as possible.

Once again, we will be offering a Student Resource Scheme (SRS) for parents to take advantage of, instead of a traditional booklist/book pack. The SRS is voluntary and the amount set for 2016 is again $120 per student. The SRS provides all of the stationery and resource materials to meet student need across the year and is a cost-effective option for families. The SRS Participation Agreement Form will be sent home this week and must be completed and returned to the school office by Friday 13th November. Parents who wish to purchase their own materials instead of using the SRS can contact the school office after 13/11/15 for a copy of the updated book lists for the year level/s they require.

Finally, who knew we had such movers and groovers in our student population? The dance program is going extremely well and all parents are invited to an open session on the last Thursday of term at 9:00am to see the perfected dances. We hope you can make it!

Sarah Jane Ash
Principal ☺️
Welcome back for an exciting term 4! There are a lot of events and activities on this term to finish off 2015.

In English the focus for all classes will be Poetry and Persuasive texts. We are confident the students will create some fun and exciting poetry and have no doubt of their persuasive and debating skills.

Researching and investigating are two factors in our Geography exploration next term. Years 3 and 4 will investigate and research a significant local place and interview members of the community. Years 5 and 6 will focus on an extreme natural event in the local community and will also be interviewing folk involved in that event.

For half the term the students will explore design and technology, years 3 and 4 making something new from something old and years 5 and 6 designing a drink for a specific purpose in a safe, hygienic environment.

Finally, we will be enjoying drama by way of role plays and freeze frame.

In Science, we are finishing off the assessment for our last unit of work, “Kitchen Chemistry” and will then be studying a physics unit titled, “Gadgets and Gizmos.” In this new unit of work, we will:

- investigate where science is used in their everyday lives and how energy sources such as light, sound and heat are sensed
- explore the role of energy through the phenomena of light, sound, heat and electricity in everyday objects and devices
- explore how science knowledge helps people to develop technology
- explore how scientific understandings, discoveries and inventions are used to solve energy issues throughout society.

Homework will be coming home again from next week with students being reminded to return it on Friday for marking. Homework Club will continue on Monday afternoons and all students are welcome and invited to join us from 3:15-4:30pm to do their homework, log on to Literacy Planet or Mathletics, or to get some help with their general school work. This opportunity is provided for all senior class students each Monday afternoon.

There are some exciting dates coming up for our students. Please take note of when forms and payments (if required) are due to be returned. Events to remember are:

- Parliament House (years 5-6)
- Beenleigh Historical Museum (whole school)
- Robina SHS Excellence Workshops (invited years 4, 5, 6 students)
- Learn-to-swim program
- Hinterland Small Schools’ Swimming Carnival
- Community Christmas Celebration
- End-of-year Graduation and Celebration

Lastly, if you haven’t booked in for your parent-teacher meeting yet, please do so as soon as possible! We’d love to talk with you about your child and their learning!

Cheers, Sarah Jane and Paula 😊
Welcome back, everyone!

It will be a very busy term with lots of fun things to do and see. Our students have been given a folder with all of the excursions and activities for the term. Please return any notes as soon as possible.

At the end of last term, students had to identify their personal goals in reading, writing, spelling, numeracy and behaviour. I am very glad to say that many students are well on their way to achieving their first set of goals. Many students are eager to score their goals and it is great to see that they are actively working on them throughout the week.

English – Students will be exploring plot and characterisation in stories. We will be using a lot of Australian indigenous resources for this unit to embed Aboriginal and Torres Strait Islander perspectives within the term.

Maths – Our maths concepts this week include: Prep – adding groups, counting to 30 and classifying 2D shapes. Year 1 – Counting back, Subtraction and properties of shapes. Year 2 – The division sign, Division as a repeated subtraction and comparing areas.

Science – Gadgets and Gizmos – In this unit of work students explore, construct and describe gadgets and gizmos. They will investigate where energy is used every day and the forms in which it occur. Students will explore light, heat, sound and electric energy.

Geography – We will be starting our geography unit this week – “Caring for Special Places.” Preps will be looking at what makes a place special and how we can look after places. Year 1s will identify the different features of places and how we can look after them. Year 2s will investigate how people are connected to their place and other places and what factors affect their connection to places.

Design and Technology – This term students need to design and make a simple spinning toy that a small child would like to play with. I will keep you updated on any materials or equipment that may be required along the way.

Arts – This term, students will be involved in performing arts – Dance. Every Thursday morning, the school joins together for dance classes run by Dance Fever Multisport. Our first lesson was a great success; the children had a blast and learnt the first part of their dance routine.

As the days are definitely getting hotter, please make sure that your child brings a hat every day! Some students have also started bringing in sunscreen for play time which is fantastic. We also have sunscreen available to all students in the office if required.

Make sure your child also brings their water bottles to school…. It is very important to keep hydrated for the mind and body.

Warm regards,

Joyce
Student Awards

Student of the Week

**Christopher** - for consistently following our school rules at all times. Well done!

**Britt** - for an excellent display of ‘Be a Learner’ behaviours in the classroom.

**Jimi** - for displaying ‘Be a Learner’ behaviours in the classroom. Keep it up!

**Mika** - for excellent dedication to ‘Be a Learner’ behaviours in the classroom to improve results!

Gotcha Certificates

50 Gotcha: Will
75 Gotcha: Tilly
100 Gotcha: Arwen, Charlie, Jimi, Abigail, Alyssa
125 Gotcha: Lashae, Asha, Tarelle, Taijahna, Charlie, Aidan
150 Gotcha: Arky, Cole, Connor

Gotcha Raffle Draw

Junior class: Emerald, Taijahna, Tarelle, Roy
Senior class: Asha, Connor, Arky, Mika

Mathletics

Will - Bronze award for 3560 points

Literacy Planet Leaderboard Leaders

Junior class: Zavier (146), Taijahna (90)
Senior class: Ryka (112), Will (11)

Upcoming Dates

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<tr>
<th>Date</th>
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<td>Student Free Day</td>
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<tr>
<td>19/10/15</td>
<td>Playgroup coming to play!</td>
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<tr>
<td>26/10/15</td>
<td>P&amp;C Meeting</td>
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<td>28/10/15</td>
<td>Years 5&amp;6 Parliament House Visit</td>
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<td>Historical Village Beenleigh Excursion</td>
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<td>23/11/15-</td>
<td>Learn-to-swim @ Mudgeeraba</td>
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<td>Aquatic Centre</td>
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<td>3011/15</td>
<td>P&amp;C Meeting</td>
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<td>Swimming Carnival Mudgeeraba Pool</td>
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<td>09/12/15</td>
<td>Community Christmas Celebration</td>
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<td>10/12/15</td>
<td>School Graduation and Awards Ceremony</td>
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<tr>
<td>11/12/15</td>
<td>End of Term 4 and 2015 School Year</td>
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<tr>
<td>25/01/16</td>
<td>Welcome back to Term 1!</td>
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<tr>
<td>26/01/16</td>
<td>Australia Day public holiday</td>
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SENSEI’S CORNER

Konnichi wa!

**Question**

True or False:
There is a Universal Studio’s theme park in Japan.

Hint: http://www.usj.co.jp/e/

Answer from last newsletter’s quiz:
The Japanese currency is en or yen.

**Activity of the week:**

Explore this area: http://www.usj.co.jp/e/

Learn about Oosaka:

Good Luck! Sayonara!
Anxiety has a way of making everyone feel helpless - those experiencing anxiety and those trying to help. It’s hard to know what to say when a child becomes overwhelmed with anxiety, but it’s most important to be a strong, steadying influence. You may not be able to take their anxiousness away, but your emotional support and your calmness makes a difference.

Children take their cues from their parents so your trust that they can cope when they become overly anxious will send a powerful message that they’ll come out the other side safely. The language you use will convey your trust and also offer your child the comfort they need to feel safe, as well as the courage to find their own solutions to their anxiousness.

When you see anxiety take hold here are some things that you can say that will help your child cope:

“You’re okay, I’m here and I won’t be going anywhere.”

Such statements indicate warmth, safety and comfort. Your child may not believe you straight away but that’s okay; your presence will get the message across.

“You don’t have to do anything right now. Just breathe.”

A big part of the stress of anxiety comes when children don’t know what to do. They don’t have to fight the feeling of anxiousness, but let it pass. The less children fight anxiousness, the more likely it is that the feeling will go.

“Let’s go for a walk and see if we can take some big breaths.”

Physical activity is the best antidote to an anxiety attack as it helps burn up the adrenalin that prepares a child’s body to fight or take flight. Try to help them take some strong breaths while they walk, which will be easier if they’ve practised when they aren’t anxious. Practise by breathing in to the count of three, holding for one, breathing out for three and holding for one.

“Take some big, deep breaths. I’ll do it with you.”

Anxiety comes from the fight or flight response when the brain perceives a threat. It doesn’t matter whether the threat is real or not, the brain thinks and acts as if it’s true, leading to tensesness, hyperventilation and confused thinking. Breathing triggers the relaxation response which, like the fight or flight response, is hardwired in all of us.

When children are calm explore different approaches to empower them to better manage their anxiousness. You might say:

“I’d like to understand what your worry feels like for you. Can you teach me?”

The ability to accurately identify a feeling when it occurs is at the heart of emotional intelligence so encourage your child to verbalise what their anxiety feels like. Greater self-awareness increases your child’s ability to manage their feelings.

“What would you say to a friend who was going through what you go through?”

Invite your child to take a more objective look at their own anxiety to help them gain a different perspective and level of understanding. This approach also gives parents a greater insight into what a child is going through.

“Your brain is amazing. Every time you breathe through your anxious feelings you’re teaching your brain how to manage your anxiousness.”

Brains have an amazing capacity to adapt and learn new ways of coping. By helping your child understand that he is, in effect, training his brain to better respond to anxiety you empower your child to positively manage their feelings.

Help children manage their difficult emotions, including anxiety, by validating their feelings and encouraging them to experiment with different ways of coping. Encourage kids to come up with their own solutions when anxiety threatens to overcome them. Kids are usually adept at solving their own problems when they have loving, supporting and positive adults in their lives.
**Lost and Found**

We have a collection of lunch containers and uniform items in our Lost Property. Families are welcome to come to Administration to check for any belongings you may be missing!

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**City of Gold Coast: Fantastic Free Community Events**

**Summertime Sessions in the Village, Fridays 5.30pm -7.30pm** in Cuddihy Park, Swan Lane, Mudgeeraba. Come and listen to up and coming Gold Coast Emerging Musicians every Friday leading up to Christmas. Bring a chair or your picnic rug and enjoy some food from the Village or bring your own. This is a family friendly event. Check out our Facebook Page Summertime-Sessions-in-the-Village. *Free Event commencing Friday 23 October*

**Gold Coast SUPERFEST Roadshow, Wednesday 21 October 5pm – 8pm** - Come and see all the action as the Gold Coast SUPERFEST V8 Supercars brings its Roadshow to the Hinterland. Swan Lane, Mudgeeraba will close its street down to host the SUPERFREST Roadshow. FMX Stunt Team, Car Displays, V8 Supercar Teams, Music, Bouncy Castles and much more. This is a *Free Event for all the family.* [www.superfest.com.au](http://www.superfest.com.au)

**Garage Sale Trail Saturday 24 October** Get rid of unwanted items and make some cash by joining the biggest garage sale. The garage sale is its 3rd year and promoted nationally, you can jump on the trail by registering your sale on the website. Buyers can look at the website to view all the Garage Sales across the city to plan their day. Sellers when registered will receive information on how to set up for the day and how you will be promoted. To register for *Free* and find out more [www.garagesaletrail.com.au](http://www.garagesaletrail.com.au)

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**Position Vacant**

A Part Time Employment opportunity is available to maintain the Cleanliness/Hygiene of the Springbrook Waste and Recycling Facility.

The requirement is for the Contractor to work approximately 1-2 hours per day/7 days per week (Weekends are the heaviest duty). Some mechanical/small tools /air blower experience would be helpful but not essential.

Immediate start an advantage.

For further details please email your details to Jim Darke – SMCA President at email address: [j.darke@smca.org.au](mailto:j.darke@smca.org.au)