QParents is an exciting initiative in Queensland State Schools that we are happy to be a part of! QParents provides parents and legal guardians of Queensland state school students access to their child’s student information, in one place. QParents will allow parents to connect instantly with their child’s school to access and manage their child’s student information including: attendance details, behaviour, enrolment, report cards, timetables, invoices and payment details and much more. Please be on the lookout for details in an information letter going home this week.

School photos have been booked for the 23rd March and photo envelopes will be sent home when they arrive in the school. These are to be completed and brought back to school on photo day.

The P&C Annual General Meeting will be held at 3:15pm on Monday 16th March where all memberships lapse, new members are accepted and Executive positions are elected for the next 12 months. I strongly encourage all families to consider becoming involved in our P&C and the valuable fundraising efforts they undertake to support our school. Many hands make light work and there is always room for a new member or three!

Have you moved during the school holiday period? Do you have a new mobile number? Are your emergency contact numbers up to date? We need to hear from you now if any of your details have changed so that in the event of an emergency you can be contacted. Please make contact with the school office to inform of any changes. Thank you for your cooperation in this important matter.

I’d like to remind parents that non-prescribed drugs such as analgesics (eg. Panadol, Nurofen) and cough medicines cannot be administered by school staff. If your child needs to take prescribed medication, please ensure the medication is in the original container with the doctor’s instruction clearly indicated on it. A form will need to be filled out or a note sent to the Principal that the medication is to be administered.

Finally, please note the upcoming dates on page 4 - there’s a lot happening for our school and its 35 students!

Sarah Jane Ash
Principal 😊
JUNIOR ROOM NEWS

Things to Remember

Bring library bags on Mondays for library borrowing. Students are unable to borrow books without a library bag.

Bring a hat everyday

NO HAT=NO PLAY

Homework: Many children are putting in a fantastic effort with their homework each week. Please keep up the great work. Remember to read as often as possible with your child. Also, for the year 1 and 2 students, keep practicing your sight words and choose some of the grid activities to practice spelling your words.

Preps – keep practicing writing your name neatly, try using capital letters as well as lowercase, you could also choose some of the grid activities for spelling your name.

English: We are starting to get ready to develop a spoken presentation about a character’s emotions in a known story. The students have been looking at the way authors and illustrators convey emotions in their characters by the words and pictures they use.

This week we have started practicing skills that make up a good spoken presentation. The checklist we are using includes:

- Opening statement
- Good volume – not too loud, not too soft
- Good pace- not too fast, not too slow
- Complete ideas or sentences
- Correct information – stay on topic
- Looking at the audience
- Closing statement

Spelling and sounds – we are steadily going through our jolly phonics sounds. Preps are learning to write their letters, recognise letter sounds and identify letter names. Our 1s and 2s are practicing writing their letters, writing words and identifying the number of syllables and the number of sounds in a word.

Math:

Preps – Sorting objects into groups/categories based on different properties. Identifying numbers in a group.

Year 1 - Counting to 100 in 1s, 2s, 5s and 10s. Rainbow facts. Partitioning numbers. Writing numbers in words.

Year 2 – Counting to 100 in 1s, 2s, 5s and 10s. rainbow facts. Partitioning numbers. Writing 2-digit numbers in words.

Science: Students have been looking at the weather. Last week we observed day and night features of the sky and land. This week students are looking at landscapes and the earth’s natural resources such as soil, air and water. Students have been assigned to create natural and man-made landscapes by designing a landscape in the sandpit and looking at how landscapes change. They also have to create a water landscape collage. There is plenty of mess and creativity during this time!!

Parent Volunteers Welcome!

If you are able to help for about half an hour to an hour in the mornings from Monday to Thursday, I would love to have you. This is our literacy rotation time and you could help at a literacy station or listen to students read with you one-on-one. Come on in!

Have a fabulous fortnight!

Cheers,
Joyce J
SENIOR ROOM NEWS

The next few weeks have a lot of exciting experiences on offer for our senior class students, particularly those in years 5 and 6! Excursions and activities are always planned and encouraged in line with either our curriculum requirements or students’ preparation for high school. To this end, there are a few dates needing to be put into your calendar:

- **16th March - Leadership Skills Development Day** with Ingleside State School at Tallebudgera Beach School. This is for years 5 and 6 students only and has a cost of $20 due by Friday 13/03/15

- **19th March - Somerset Celebration of Literature** for all senior class students. This is a wonderful opportunity to work with and to see and hear real-life authors as they present for primary school age children. The students who participated last year will share with you their memories and rave reviews from last year. This costs $14 for two sessions with forms and payment due by Friday 13/03/15

- **24th March - Connect to Your Creek Science Day** with Numinbah Valley Environmental Education Centre for all senior class students. This is an event being run in conjunction with SEQ Water and involves students in revegetation work to restore a section of riverbank, creek studies involving chemical and biological water testing, and investigations into endangered local plant and animal species. Students will develop an understanding of the importance in looking after our local waterways, especially those that contribute to potable water supplies. The costs for participation are being covered by the school as it fits directly with our Science curriculum for this term (plant biology).

- **26th March - Greenheart Cluster Gala Sports Day** at Firth Park and Darcey Doyle Park, Mudgeeraba. This is a 9:30am-2:00pm day for our years 5 and 6 students and is an opportunity to join in and play a variety of team sports in a carnival the mimics interschool sport. There is no cost to participate.

- **27th March - High School Experience Day** for our current year 6 students only at Robina SHS. This day runs from 9:30-2:30pm and more information for this will follow for our year six students.

This coming week we welcome Mr David Delaney to our class as our classroom teacher on Thursdays and Fridays. Mr Delaney is coming from Currumbin State School and has over twenty years’ experience as a classroom teacher. He has a keen interest in small schools and the multi-age philosophy. Please pop in and introduce yourself when you have the chance to do so. He is very keen to get to know our students and their parents!

Until next newsletter, please encourage your child/children to read, read, read!

**Goodbye from Miss Matterson**

Dear Parents,

My last days at Springbrook have arrived and although I am excited beyond words to embark on this new adventure, I’m also sad to be leaving. Teaching at Springbrook has been a wonderful experience and I will always treasure the memories I have made here with the students, staff and community.

From Kid President speeches and historical research projects to impromptu dance offs in the classroom, every day always brought an opportunity for learning and fun. I will miss everyone dearly, especially my ‘Senior Superstars’, and I wish you all the very best for the future. It has been a pleasure knowing you, and I hope we keep in touch; I will be sure to send lots of postcards from Niue!

Lots of love and deepest gratitude,
Miss Matterson
Sensei’s Corner

Konnichi wa! Welcome to Sensei’s corner 2015. Remember everyone from Grades Prep to 6 is welcome to enter.

Term One

Q2.ANSWER: True Mt Fuji is an active volcano.

Q3. How tall is Mt Fuji?

HINT: http://en.wikipedia.org/wiki/Mount_Fuji

Try this origami Mt Fuji:

http://www.origami-instructions.com/origami-mount-fuji.html

or try this on-line jigsaw puzzle:

http://www.epuzzle.info/fuji_mount

Japanese Award Winner:
Week 4: Angus
Week 5: Connor

Japanese Quiz Winner:
Connor Well Done!!

Upcoming Dates

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>16/03/15</td>
<td>P&amp;C Annual General Meeting</td>
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<td>16/03/15</td>
<td>Leadership Day (Yrs 5/6)</td>
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<td>19/03/15</td>
<td>Somerset Celebration of Literature</td>
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<td>23/03/15</td>
<td>School Photos</td>
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<td>24/03/15</td>
<td>‘Connect to Your Creek’ Science Day (Yrs 3-6)</td>
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<td>26/03/15</td>
<td>Greenheart Cluster Gala Sports Day (Yrs 5/6)</td>
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<td>27/03/15</td>
<td>Robina SHS Experience Day (for year 6 students)</td>
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<td>01/04/15</td>
<td>Cross Country (with Numinbah Valley SS)</td>
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<td>02/04/15</td>
<td>Easter Morning Tea</td>
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<tr>
<td>03/04/15</td>
<td>Good Friday and school holidays begin</td>
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<td>20/04/15</td>
<td>Term 2 begins</td>
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Student Awards - Term 1, Weeks 5 and 6

Students of the Week

Isabelle: for always participating in class discussions and being an active learner.
Britt: For displaying excellent improvements in the presentation of her work.
Zavier: For always participating and trying your best in class.
Mika: For displaying excellent “Be a Learner” behaviours with her work completion.

25 Gotcha Awards:
Roy, Taijahna, Jimi, Ethan, Abigail., Ryka, Cate, Aidan, Aimee, Lashae, Asha

Gotcha Raffle Draw:
Roy, Christopher, Rob, Tarelle, Cate, Aidan, Grace & Cole
Parenting Ideas by Michael Grose
“Helping Kids Deal With Rejection”

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Paradoxically, children’s experience of rejection and disappointment at school is good for them, as long as it’s balanced with successful experiences too. They learn that they can cope and solve problems in their own way and that bad experiences don’t last forever.

And they learn that sadness and disappointment can be managed too, which is an important lesson to learn to take into adolescence and beyond, when life is full of ups and downs.

Helping them move on

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children’s unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children’s confidence levels to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of your child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn’t understand.

Your attitude as a parent can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. **Model optimism.** Watch how you present the world to children, as they will pick up your view.

2. **Tell children how you handle disappointment and rejection.** Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.

3. **Help children recognise times in the past when they bounced back from disappointment.** Help them recognise those same strategies can be used again.

4. **Laugh together.** Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The stronger the wind the stronger the trees is the notion here. Supporting kids to handle life’s hurdles helps them to develop a lasting sense of resilience, which is essential for good mental and emotional health.
**Gold Coast Health Oral Health (Dental) Services**

Gold Coast Oral Health Services are offering free dental check-ups to the students of Springbrook State School. This service will be provided off-site by Child and Adolescent Oral Health Services through Mobile Dental clinic 185 located at Mudgeeraba Creek State School.

To arrange an appointment for your child telephone:

The Oral Health Client Service Centre

**1300 300 850**

Monday – Friday 8.00 am – 4.30 pm

Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.*

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.


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**M-FEST**

M-Fest is happening again on Springbrook Mountain.

We are calling for all those who are interested in having a stall on the day.

**Date:** Saturday, May 9th, 2015

**Where:** Springbrook State School

**Cost:** $30

Book your stall early to avoid disappointment.

Homemade, handmade and home grown are welcome.

If this is you please contact Gina Winter on **55335061** to book your stall.

We have another opportunity to celebrate this wonderful place in which we live and visit!